

HEALTH & WELLNESS
FAIR



**Chandler Ballroom in the
University Center**
University of Mary Washington

& UMW Employee Benefits Fair

Thursday, March 29

3-6 p.m.

Chair Massages! Snacks!

Dance & Fitness Demos!

BP & Cholesterol Checks!

Photos with Pillsbury Doughboy!

DOOR PRIZES & MORE!

Dining@UMW.EDU

