

WW works for us.

WW (Weight Watchers® Reimagined) is backed by the latest nutritional and behavioral science. Reach your goals and build healthy habits you can stick to with our most flexible plan ever! Our easy-to-use app has the tools you need, including food and activity tracking, thousands of recipes, even 24/7 Chat with a WW Coach and so much more.

Millions have lost weight on WW. Join them today!

The Commonwealth of Virginia is proud to partner with WW to bring employees enrolled in a state health plan discounted WW pricing and 50% reimbursement. Spouses and dependents are eligible for discounted pricing only.

To sign up for WW today or learn more, visit <u>wellness.weightwatchers.com</u> and enter **Employer ID: 63569**

Attend a WW Workshop at the University of Mary Washington

Every Thursday at 12:15 PM in the Hurley Convergence Center – HCC Room 111
Experience your first workshop FREE!